HEDIS[®] Tip Sheet Use of Opioids From Multiple Providers (UOP)

Measure Description

The proportion of patients 18 years of age and older, receiving prescription opioids for greater than or equal to 15 days during the measurement year, who received opioids from multiple providers. Three rates are reported:

- 1. **Multiple Prescribers.** The proportion of patients receiving prescriptions for opioids from 4 or more different prescribers during the measurement year.
- 2. **Multiple Pharmacies**. The proportion of patients receiving prescriptions for opioids from 4 or more different pharmacies during the measurement year.
- 3. **Multiple Prescribers and Multiple Pharmacies.** The proportion of patients receiving prescriptions for opioids from four or more different prescribers *and* four or more different pharmacies during the measurement year.

Note: A lower rate indicates better performance for all three rates.

Product Line: Commercial, Medicaid, Medicare

Medications

medications	
Description	Prescription
Opioid Medications	Benzhydrocodone, Buprenorphine (transdermal patch and buccal film), Butorphanol, Codeine, Dihydrocodeine, Fentanyl, Hydrocodone, Hydromorphone, Levorphanol, Meperidine, Methadone, Morphine, Opium, Oxycodone, Oxymorphone, Pentazocine, Tapentadol, Tramadol
Excluded Opioid Medications	Injectables, Opioid cough and cold products, Single-agent and combination buprenorphine products used as part of medication-assisted treatment of opioid use disorder (buprenorphine sublingual tablets, buprenorphine subcutaneous implant and all buprenorphine/naloxone combination products), Ionsys [®] (fentanyl transdermal patch), Methadone for the treatment of opioid use disorder

Ways Providers can Improve HEDIS® Performance

- Review the Prescription Monitoring Program Registry for your state regularly.
- Use best practices to manage pain and establish a comprehensive Pain Management plan.
- Set patient-prescriber expectations early on regarding controlled-substance prescriptions from other providers and the use of multiple pharmacies.
- Educate patients on opioid safety, risks associated with the use of multiple opioids from different providers, and about use of Naloxone (Narcan).
- Educate patients on the importance of utilizing singular pharmacy to fill prescriptions.
- Refer to Molina Healthcare Case Management for targeted SUD case management and support.

Ways Health Plans can Improve HEDIS® Performance

- Educate members on opioid safety, risks associated with use of multiple opioids from different providers, and about Naloxone (Narcan).
- Educate patients on the importance of utilizing singular pharmacy to fill prescriptions.
- Educate providers about how to refer to Molina Healthcare Case Management for targeted SUD case management and support.

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- Provide culturally and linguistically appropriate communication, including communication that is accessible to people with disabilities; and ensure access to an appropriate coordinated, and effective nonpharmacologic and pharmacologic pain management treatment if available.
- Support members in the creation of an adherence to a pain management agreement.
- Encourage coordination of care and communication between health providers and pharmacy.
- Offer and refer members to peer support services.

Required Exclusions

- Members who use hospice services or elect to use a hospice benefit any time during the measurement year.
- Members who die any time during the measurement year.

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